

בז"ה

NOW DELIVERED TO  
OVER 40,000 HOMES!

# JTO

## monthly

A Monthly Publication For Toronto's Jewish Community

August 2008 | Issue 36  
CELEBRATING OUR 3<sup>RD</sup> YEAR!

THE ONE DOLLAR LIFE

THE GREEN THUMB

AVOIDING FALL FASHION FRENZY



## MC Diamond Corp

100's of DIAMONDS **905 738 1276** 100's of STYLES

see page 25 for details



# **CA\$H FOR GOLD & JEWELRY**

**647-234-CASH**  
**(2274)**





*This spectacular year round waterfront property is less than one hour from Toronto and 10 minutes walk to the Belle Ewart shul.*

*For information on this and other exciting waterfront properties in the Lake Simcoe area, call*

**Jack Samuel**

at Harvey Kalles Real Estate Ltd., Brokerage

416.479.0013



**HARVEY KALLES**  
REAL ESTATE LTD., BROKERAGE



# FROM THE EDITORS' DESK

Ahhh, summer's here. I know, we are halfway through but it's the old adage - is your cup half full or half empty? Come on now...look at the bright side. The Exhibition hasn't started yet, the kids are still at camp, no more car pools - at least for a little while, and until that time we can still justify relaxing with one of those fancy drinks on JTO's front cover. Access to the crystal clear pool shown in the background may be a little more challenging for some, but with a couple of these drinks...the pool definitely becomes less of an issue. Incidentally, if you need a fabulous recipe for one of these exotic drinks, check out page 18, JTO's recipe page this month. Just to set the record straight, there is no alcohol in these ones, but with a little imagination and a taxi ride home...look out!

In addition to exotic drinks...for most people the summer means more time to spend with the family, maybe a vacation and some pre-fall planning without the usual everyday stresses of the school year. Speaking of vacationing, this time of year gets many people thinking about (can I at

least say it quietly) winter vacations. YYZ Travel has some great trips available to Israel and other physically warmer destinations, while the Expedia Cruiseshipcenters is booking some of the most incredible cruises ever, on ships that are nothing short of unbelievable.

What would a community magazine be without reporting community issues? Unfortunately, for some people in our community a vacation is literally the last thing on their minds. A roof over their heads, basic food on the table and clothing for their children is the vacation. This month United Chesed, a tremendous non-profit community outreach organization, is making a public plea for help, and the help is needed right now. We must do whatever we can to support United Chesed - alleviate the real pain that exists, and not fall into the trap of thinking that other people or organizations will take care of it. Please check out their information on page 13, support United Chesed, all our advertisers, and enjoy JTO Monthly and your Strawberry Margueritas. ☀

## This Issue

Candle Lighting .....	4
Dear Esther - by E. Friedman .....	6
Torah Talk- by Y. Tauber - Chabad.org.....	8
Travel Talk- by Aufgang Travel .....	10
Life Coach - by C. Cooper.....	12
The Green Thumb - by reliableconnections.com.....	14
Living In Style - by S. Gottlieb .....	16
Secret Ingredient.....	18
Fun N Games .....	22
Fashion Sense - by A. Gold .....	24
Masterpiece of the Month .....	30
Words of Wisdom.....	30



P.O Box 30038  
RPO New Westminster,  
Vaughan, ON L4J 0C6  
T: 905.731.1778

EDITOR: J. Suchall - editor@jto.ca  
ADVERTISING SALES MANAGER: R. Suchall - ads@jto.ca  
ART DIRECTOR: G. Daniel - creative@jto.ca

**Advertising Submission Deadline for next issue:  
August 19/08, 6 PM**

JTO Copyright 2008. All rights reserved. All material designed and prepared by JTO Communications Inc. are the sole property of JTO Communications Inc. and cannot be reproduced in whole or in part without the prior written approval of the publisher. JTO Communications Inc. reserves the right to refuse or edit any advertisement, article or announcement at our sole discretion. It should be understood that the opinions of those writing articles and announcements in JTO Monthly do not necessarily reflect those of the publisher or editor. The publisher and editor thereby disclaims any liability for any claim resulting from the publishing of photos, article, advertisement, kashrus announcement or any other content or material which may have been shown to be incorrect in content or printed incorrectly. The publisher agrees to provide if necessary, an equal amount space to correct any content published in error as complete liability for any such error.



## Candle Lighting Times

		Torah Portion	Light Candles	Shabbos Ends
August 2	Av 1	Massei	8:22 pm	9:28 pm
August 9	Av 8	Devarim	8:13 pm	9:17 pm
August 16	Av 15	Vaetchanan	8:03 pm	9:06 pm
August 23	Av 22	Eikev	7:52 pm	8:53 pm
August 30	Av 29	Re'eh	7:40 pm	8:40 pm

# Dr. Jeremy Kurtz

Cosmetic & Family Dentistry

*Looking for a brighter,  
straighter smile?*



## *Our Services Include:*

- *Tooth Whitening*
- *Porcelain Veneers*
- *Invisalign*
- *Bonding and tooth coloured fillings*
- *Crowns & Bridges*
- *Dental Implants*
- *Lumineers*



*Children of all ages  
welcome*

*Call for your smile makeover  
consultation*

**416-789-0705**

533 Glengarry Avenue, Toronto, Ontario, M5M 1G2  
(One block North of Lawrence, off Bathurst)



## DEAR ESTHER

Dear Esther,

We are having a difficult time dealing with our demanding 12 year old daughter, Sarah. She is interested in fashion, style and brand names. She has become extremely demanding of what she wants, needs and has to have. We are people of limited means who have other children to care for and do not buy into this superficial race of "keeping up". My wife and I have similar views but she tends to give in to our daughter. Additionally Sarah is extremely close to her maternal grandmother who is very generous with Sarah (and not so with our other children). The grandmother basically buys whatever Sarah asks for. I am frustrated and concerned. My wife is not pleased but accepts the situation. Am I overreacting? Is this a passing faze? Should we let this develop or make changes? — A concerned parent

### Dear Parents and Grandparents

All of you care about Sarah and have to work together in assuring her healthy development. It is important that everyone involved accept that the primary decision makers in Sarah's upbringing are her parents. Any disagreements or conflicting points of view need to be worked out without Sarah's involvement. It is not unusual for children to become manipulative, rejecting authority and even destructive as they recognize confusion among the grownups in-charge. Grandparents are a great asset in a child's life and must help a child accept parental authority.

As for Sarah, she is doing her job as a child. She communicates her wants and wishes and makes sure her wishes are heard. Parents have to listen and listen actively by acknowledging what the child is communicating but not necessarily fulfilling the child's every whim. Quite contrary, helping a child accept no for an answer helps prepare a child to deal with life's ups and downs, and helps them deal with limits, discipline and authority.

Please do not stop at feeling upset with the situation. Although some concerning behaviors have developed, there is still much for Sarah to learn. The first step would be to appeal to the

grandparents and unite with them in adapting a joint approach in dealing with Sarah. The following may be a good beginning.

The base of this new approach is that the parents realize that frustration and upset will not help in solving this difficulty. They will hand over to Sarah the details of her "needs and wants" by establishing a seasonal budget for her. In this new plan we are not dealing with each individual item needed or wanted. We tell Sarah that she has a specific sum of money for the summer and promise to help her in making choices and living within this budget. Grandparents can contribute to this sum in agreement with the parents. Sarah will soon learn that careful planning and making wise choices will help her manage better. Please allow her to make mistakes and do not rush in with criticism. Be supportive, offer empathy when she becomes frustrated but do not rush in to "save" her with more money.

This basic approach can be adopted to deal with budgeting for other needs and wants such as gift funds for friends birthdays, sweets and treats on a family trip and other occasions when frustrated parents feel endlessly pressed for "more". ☺

Esther Friedman M.S.W., R.S.W., Cert. Ed. Esther can be reached at 416-223-6440

## The Airline of Klal Yisrael

EL AL currently offers 4 weekly non-stop flights from Toronto to Tel Aviv



IT'S NOT JUST AN AIRLINE. IT'S ISRAEL.

Please contact your travel agent or EL AL



**416-967-4222 • 1-800-361-6174 • [www.elal.com](http://www.elal.com)**

placemats • trays • cutlery holders • oven mitts • flatware • relish dishes  
bowls • salad servers • peppermills • zylliss tongs • silicone brushes

## summer's sizzling!



Ice cream puzzle • zylliss scoops • ice cream shape pan • ice cream chocolate moulds • Lyons dessert sauces • Wilton sprinkles • ice cream sandwich moulds • ice pop moulds • ceramic ice cream bowl • covered 'cupcake' mugs.

## keeping cool...



hours

sunday:  
10:30 - 3:00

mon - thurs:  
10:00 - 5:30

friday:  
10:00 - 2:00

**Kitchen Art**  
innovative gifts and gadgets

2821 Bathurst St. (Between Glengrove and Glencairn)

416.787.9326



## TORAH TALK

by Yanki Tauber

### the one dollar life

What is the most spiritual thing you own?

Your home? Your car? Obviously not. Maybe your books? Perhaps a religious object with which you lose yourself from your everyday existence to commune with a higher reality?

Open your wallet. Take out a loonie. Place it on the table in front of you. Take a long, contemplative look at it.

In many ways, this is the most spiritual thing in your possession.

But first we should explain what we mean with "spiritual." The definitions of "material" and "spiritual" vary, of course, by the context in which the terms are used. But a fairly common definition would be that the material things are concrete and discrete, while the more abstract and encompassing a thing is, the more spiritual it is.

What, in essence, is money? The ultimate abstraction of the human product. One person expends his time, energy and talent baking bread. A second writes poetry. A third and fourth and fifth carpenters furniture, grows tomatoes and writes legal briefs. Others drive trucks, teach schoolchildren, manage sales crews, pour steel, concoct medicines, repair power lines or debate philosophy. Each of these things, on its own, is concrete and discrete, confined to itself. A page of poetry will not produce a loaf of bread, and a bushel of tomatoes will not light a road at night. But the human being has found a way to abstract all these things to their common essence – to a unit of human creativity and need. Thus abstracted, they can be transferred, bartered, converted.

Look again at the coin on the table in front of you. What is it? It's a loaf of bread, a minute of wisdom, a dozen kilowatt hours of electricity, half a glass of wine,

a tenth of a toy, a twenty-thousandth of a car, a three-hundred-millionth of a Van Gogh. A piece of human life that can be put in your pocket.

But there is also another definition of spirituality: that which brings you closer to G-d. In this sense, too, money can be the most spiritual thing you possess.

The Torah includes 613 mitzvot – six hundred and thirteen actions which, because G-d has willed that we do them, connect us with Him. But when our sages say simply "the mitzvah," they are referring to the mitzvah of charity.

In his Tanya, Rabbi Schneur Zalman of Liadi explains: Each mitzvah binds a person to G-d via a specific limb, faculty and area of his life. When we study Torah, for example, our brain and our intellect are the vehicles which come to embody the divine will and connect us with G-d. Praying employs our faculty of speech and the emotion of love in our hearts. Other mitzvot employ our hands or feet, our capacity for joy or sadness or awe or hope, the way we eat or dress or build a home or the manner in which we give birth or bury our death or enter into marriage.

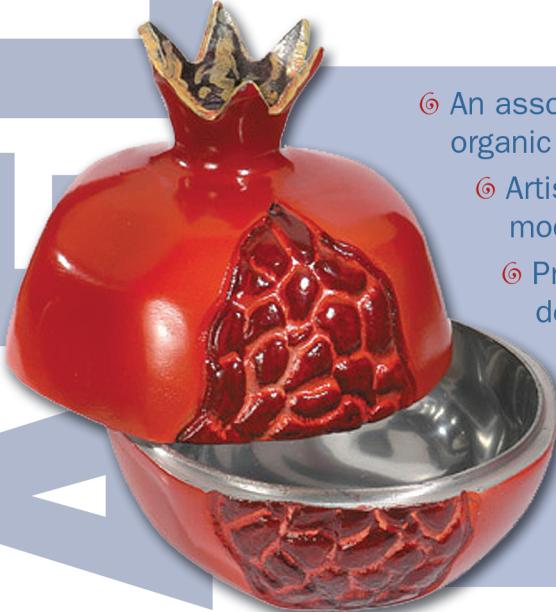
There is one mitzvah, however, that is performed with the totality of the person. When we give a coin to charity, we give our very lives. Because with this coin, we could have purchased the piece of bread that holds body and soul together. And to earn this coin, we devoted our entire being.

With every other mitzvah, we connect to G-d with something – with our mind, our stomach, our home. With "the mitzvah" of charity, we ourselves are the connection. The coin or bill we give is not, physically, a part of us. But it is the essence of what we are.  $\diamond$

While the Teshuvah is up to you,

# ISRAEL'S

will make your  
celebration sweeter!



- ⑥ An assortment of gift-packed organic honey and jam from Israel
- ⑥ Artistic honey dishes, modern or traditional
- ⑥ Prayer books for all denominations
- ⑥ Inspirational books
- ⑥ Shofarot in all sizes
- ⑥ Hostess gifts
- ⑥ Kids books & toys
- ⑥ Seasonal paper goods

*A Sweet New Year!*  
to you and your family from all of us at

# ISRAEL'S

רָשָׁה נָהָרָה

870 Eglinton Ave. West | 441 Clark Ave. West  
Toronto 416.256.1010 | Thornhill 905.881.1010

First night of Rosh HaShanah 5769 is Monday, September 29, 2008



## TRAVEL TALK

by Aufgang Travel

### solo travel in israel

Israel is a lot safer than the media would have one believe. Many prospective travelers have questions that reflect a general concern with security. One of the interesting aspects of the travel industry is fielding questions from Jews of diverse backgrounds. This question came to us from a Canadian woman:

"I would like to travel to Israel this summer. Although I have travelled alone a number of times to other countries, I am unsure about traveling to Israel alone. I have been researching tours, and most have a high Single Supplement. Perhaps an Israeli tour company will give me a more relaxed approach ..."

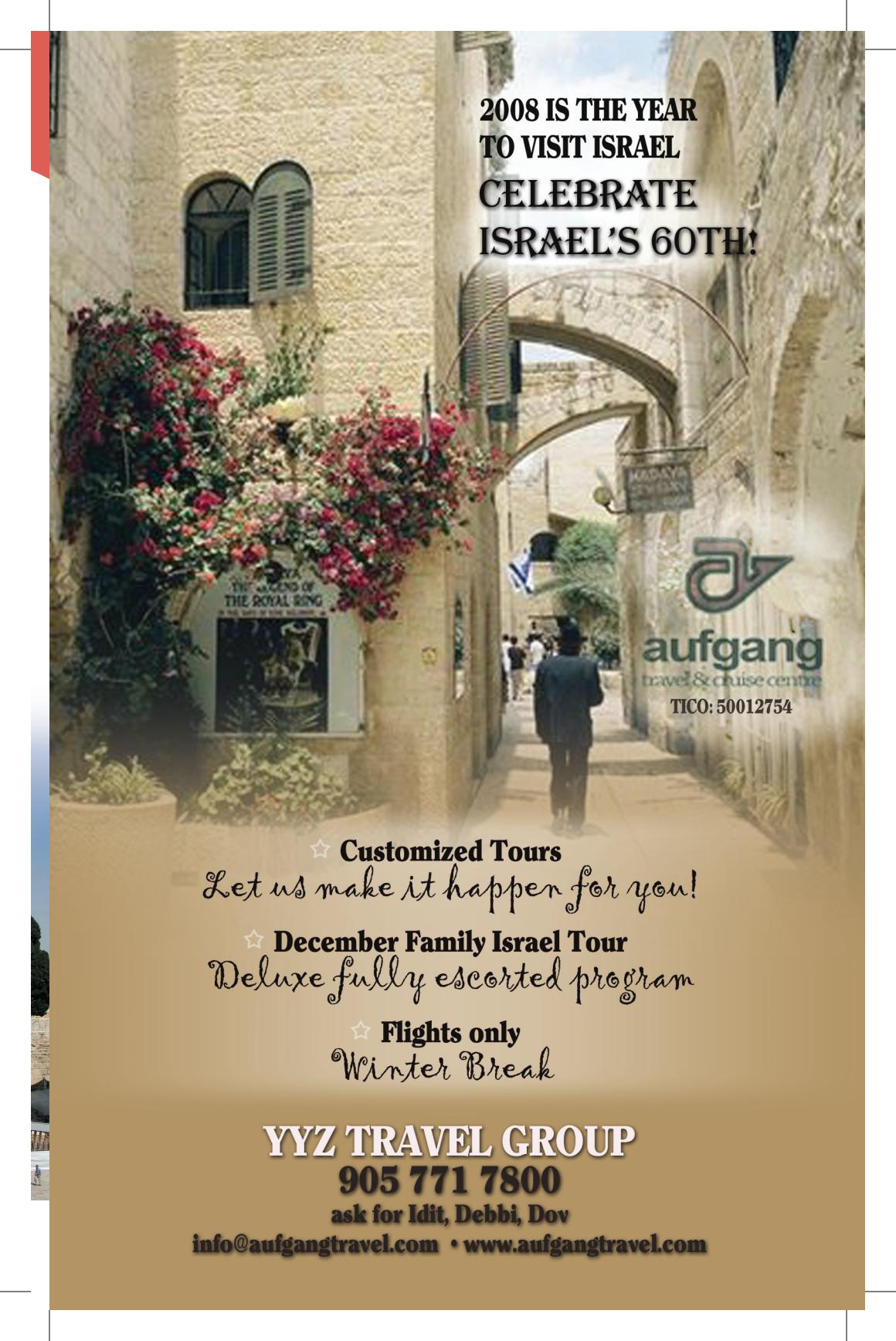
We appreciate your hesitation regarding traveling solo. But, once you arrive, you may be surprised at how safe you find it is. Safety has been enhanced since the erection of the separation wall. The situation is markedly different now.

Going on a pre-planned trip might not be a bad idea. A guide can enliven much of the historical and religious significance that could be lost if you are relying solely on a guidebook. Israeli touring companies do charge a Single Supplement. One exception might be the SPNI – Society for the Preservation of Nature in Israel, which might offer bunk accommodations or have camping options for some overnight hiking trips. If you're going on a planned tour primarily for safety concerns, do your homework before you finalize your decision.

Tour planning is all part of our "You Will Love Israel from the First Shalom" program to provide support and structure to your Israel visit. We accommodate language diversity on our website by providing tours in English, Spanish, French, and German, and online bookings in any of these languages. Please feel free to submit your questions to us at our website, [www.aufgangtravel.com](http://www.aufgangtravel.com). 



Aufgang Travel and Cruise Centre (905) 771-7800



2008 IS THE YEAR  
TO VISIT ISRAEL  
CELEBRATE  
ISRAEL'S 60TH!



**aufgang**  
travel & cruise centre

TICO: 50012754

★ Customized Tours

Let us make it happen for you!

★ December Family Israel Tour

Deluxe fully escorted program

★ Flights only

Winter Break

**YYZ TRAVEL GROUP**

**905 771 7800**

ask for Idit, Debbi, Dov

[info@aufgangtravel.com](mailto:info@aufgangtravel.com) • [www.aufgangtravel.com](http://www.aufgangtravel.com)



## what did you expect when you were expecting?

When you first learned you were pregnant, what were your expectations of motherhood? Did you expect that being a mom would instantly be a bonding experience? Did you expect you'd be able to balance your work life and home life without any struggles? Did you expect that you'd actually know what you were doing?

In most cases, if a mom is unhappy somewhere in motherhood, her expectations are too high. It's hard to make the transition to motherhood. Moms today are expected to do it all and they think they should love every minute of it. If they don't, they feel let down, guilty or unhappy.

Many modern women had a career before they became mothers. They spent time and money on education and made a name for themselves. It's hard for some to put it on hold or give it up completely when the kids are born. No-one wants to sacrifice their identity even though motherhood has its rewards.

Moms also tend to put a tremendous amount of pressure on themselves. They try to be perfect, which almost always leads to disappointment. The key to surviving motherhood is to get realistic. Get real, moms! Here are five ways you can start.

**Embrace your imperfections.** Stop trying to be Supermom. She doesn't exist! Find ways to improve on things that don't come naturally to you. Learn from your mistakes.

**Rediscover your sense of humor.** If things don't work out the way you planned, it's usually a funny story.

**Redefine motherhood.** Eliminate the stuff that doesn't jive with your personality and create your own definition. Be honest and do what feels right for you and your family.



**Nurture yourself in all the roles you play.** Don't define yourself in one role or give all your energy to just one area. Be a mother to your children, a wife to your husband, and whoever else you already are.

**Be yourself regardless of what others may think.** Don't burn out trying to live up to other peoples' expectations. The sooner moms stop comparing, judging and envying each other, the sooner we'll all embrace who we are as individuals. Accept that you won't please everyone. For instance, if you're working and can't be at every school event, that's OK. It'll mean more when you can attend. Learn to let go of guilt and say no.

**PRO-ACTIVE EXPECTATION MANAGEMENT:** Now it's time to do some work on your own expectations. Make a list of every expectation you have of yourself and that others have on you. Look at your list and ask yourself:

- If I could eliminate one stressful thing in my day what would it be?
- If I had one more hour in my day, how would I spend that time?
- Which of my expectations are optional and which ones have to stay?

Prioritize your list and mark off those that have the lowest value to you. Revisit the things on your list that you think you can't change. Ease into this new life of realistic expectations. It's time to make motherhood the incredible experience you always expected it to be. ☃

Carly Cooper is a CTA Certified Life Coach, also known as the Guilt-Free Mom Coach. She specializes in helping working moms who struggle with trying to do it all and want to find some balance so they can raise a happy family and have a successful career without the guilt. To sign up for her FREE Guilt-Free Mom newsletter or for more information, visit [www.listenincoaching.com](http://www.listenincoaching.com) or email at [carly@listenincoaching.com](mailto:carly@listenincoaching.com)



## United Chesed of Toronto

urgently needs

**YOUR help right now!!**

We work with Jewish organizations in Toronto to help needy adults and children in our community regardless of religious observance. We are an emergency response service, networking with major Jewish agencies, Synagogues, Chesed and Outreach Action committees.

In 2007 United Chesed received more than 2600 phone calls and 3987 visits to our website, totaling 5987 calls for help and information.

We are only halfway through this year, and we have received over 2900 calls.

**These are only a few of the hundreds of challenges we have addressed in the past 8 years:**

- Struggling single mothers unable to pay for children's busing, schooling, clothes (Welfare no longer gives a clothing allowance for children under 18)
- Assistance for elderly, infirmed and incapacitated adults
- Requests for Food, Clothing, Shelter and Furniture
- Providing critical information that will assist in helping to resolve financial, legal and medical situations
- Men and women unable to afford life saving and pain medications
- Families overwhelmed by accidents that disable providers from working

The need in the community is overwhelming - We need financial assistance.

**Our interest is in helping people in any way we can, as soon as humanly possible.**

Having created an awareness of our organization in the community, we have been inundated with requests and find that we must expand our efforts to quickly raise funds.

***Donations to United Chesed of Toronto can be made on line or by phone; we accept all major credit cards and we also offer year round tribute cards. Please remember us at ROSH HASHANAH.***

### **CONTACT:**

Ruth Rebuck, Executive Administrator 905 707 0233

United Chesed of Toronto  
18 Sadot Court, Thornhill, ON L4J 8A8

Please visit our web site to learn more about our organization

**[www.unitedchesed.com](http://www.unitedchesed.com)**

Charitable Registration # BN889501508RR001



# GREEN THUMB

by reliableconnections.com

## a beautiful lawn – naturally!

Few things will beautify the curb appeal of your home more than a beautiful, healthy lawn. But with new laws governing use of pesticides and fertilizers, maintaining an attractive lawn while protecting the environment at the same time has become a challenge that's worth pursuing. If you commit to healthy lawn practices, you can have a beautiful green carpet around your home without excessive use of harmful chemicals.

### Start in the fall

If you apply a slow-release fertilizer or compost early in the fall, you'll have healthier, more robust grass the following spring. One easy and inexpensive way to fertilize is to leave your grass clippings on the lawn. The nitrogen in them will add richness to next year's grass.

### Put your soil to the test

It's a good idea to have your soil tested to find out which nutrients you should add to grow healthy grass. For example, if you find your soil is acidic, you can add lime to restore a healthy balance.

### Loosen up!

Healthy grass needs a strong root system. But often, particularly if you live in an area where the soil is naturally very hard, it's a good idea to aerate your lawn in the spring to make it easy for water and oxygen to nurture your grass roots.

### Dress it!

As the summer progresses, some parts of your lawn may become bare and small hollows may develop, creating an uneven surface. A simple solution that will help to keep your lawn healthy the next year is to put a dressing of top soil on the lawn late in the summer or early in the fall and seed it with a good quality grass seed that's right for the conditions on your lawn.

### Just a little off the top!

There's no need to give your lawn a close shave. Cut it to a length of about seven centimeters,

or three inches, to allow it to develop a strong enough root system to resist weeds. Regular cutting with a sharp mower blade will ensure that you make a clean cut of the top end of the grass blades.

### Just add water - occasionally

Your lawn will grow healthier roots if you give it a thorough watering on an occasional basis, rather than watering daily. While early morning and early evening are the best times to water, if you avoid wetting your grass late in the evening you'll help to prevent moisture-based diseases from developing.

### Variety is the spice of lawns

One way to ensure a healthy lawn is to plant a variety of grass seeds. A range of seeds can handle a range of conditions such as extended wet or dry periods, that may develop over the growing season. Remember, a healthy root system is one of your strongest allies in creating a healthy lawn.

### Protect your allies

You have a number of natural helpers who support your quest for a green lawn. They include a wide range of birds and insects that eat lawn pests, aerate the soil and break down thatch. The more you protect them by minimizing your use of harmful insecticides, fungicides and other chemicals, the more they will help you to maintain your lawn.

### If all else fails...

Some soil conditions simply aren't conducive to healthy grass. If your lawn refuses to thrive in spite of your best efforts, you may want to consider alternatives, such as periwinkle or lily of the valley for heavily shaded areas and creeping juniper or wild thyme for sunny locations. ☀

Reliableconnections.com pre-screens independent contractors with the right skills to contact you and compete for your project. You choose the best contractor and project estimate to meet your objectives. Free estimates and take the fear out of choosing contractors!





Expedia<sup>®</sup>  
cruise ship centers<sup>®</sup>



*Freedom of the Seas*  
*The Worlds Largest Ship*



RoyalCaribbean<sup>®</sup>  
INTERNATIONAL

**Get out there.<sup>SM</sup>**

**WINTER HOLIDAY  
SEASON CRUISES**

*Pricing from  
\$1605.00\**

Based on Dec. 21 and Dec. 28 sailings.



EARN, REDEEM,  
& EARN AGAIN

THE MOST REWARDING  
JOURNEYS NEVER END

\*Aeroplan is a Registered Trademark of  
Aeroplan Limited Partnership.

**Richmond Hill**

Tel: 905.883.4080

Toll-Free: 1.800.810.7798

**Thornhill**

Tel: 905.707.8660

Toll-Free: 1.877.CSC.SHIP

[www.cruiseshipcenters.ca/richmondhill](http://www.cruiseshipcenters.ca/richmondhill)

\*Prices are in CAD dollars and includes all port charges, taxes and fuel surcharge. Price is based on double occupancy and is capacity controlled and pricing can increase or decrease. Stateroom available at time of printing.

TICO # 50008357



**classi**  
furniture 4 U  
Canada Inc.



By:

Chaim Garson and Michael Dery



*Call and ask about our Newly Wed package!!!!!!*

Our Services:

- Interior Decoration
- Product Sourcing
- Rentals
- Corporate Projects
- Custom upholstery
- House Staging
- and more...



[www.cf4u.ca](http://www.cf4u.ca)

Tel: 416-663-4968 Fax: 416-663-6345

Showroom Location : 206, Wildcat road Toronto , Ontario. M3J 2N5





## LIVING IN STYLE

by Shaila Gottlieb

### the 3 R's

If you're thinking that the 3 Rs are still all about school subjects, you might want to read on.

In our consumer-oriented life we've been taught that more is better. And, when we are bombarded from all sides with "new and improved, cutting edge, must have" products it's tough to resist, especially since I-pods and SUVs make us cool and popular. With that kind of thinking...hopefully when we look in the mirror of that SUV we are realizing that there are some things that money and advertising just can't buy. A clean environment and healthy planet are at the top of the list, and the new 3 Rs... **REDUCE**, **REUSE** and **RECYCLE** are on the lips of every enlightened individual.

It's true, it is very difficult to change behaviour overnight, and reigning ourselves in is tough, but life isn't all or nothing. We need to undo the "I'm worth it" mentality, and get back to thinking about future generations. Many of us feel vindicated having to separate our trash, that's a really good start, but remember that it takes energy to transport that trash, and more energy and resources to recycle it, so **REDUCING** is key. Here are some simple solutions that have a big impact.

Unplug appliances and phone chargers that aren't in use. Purchase energy- efficient appliances. Replace paper napkins with cold-water wash drip-dry cloth napkins. Use eco-friendly cleaning products and pure beeswax candles with slow burning cotton wicks. In terms off construction and interior design choices, look for items and materials that are not only durable, but will please you for many years to come. We need to send a strong message to manufacturers that planned obsolescence is no longer acceptable. Man-made quartz products are gaining popularity for countertop applications, as they never require sealing or



refinishing. Concrete pigments can turn plain concrete into attractive flooring, eliminating the use for an additional finished floor. Materials such as bamboo are plentiful, durable and have a shorter harvest rotation, classify as a rapidly renewable green product.

For the most part, today's toilets and showerheads meet the green water standards,

but unfortunately not all of those products perform to the highest standards. It's best to check with the "boutique", store professionals whose product knowledge is up to date. Old windows may be robbing us of heating and cooling. Switching to custom thermal windows with a "low e" coating will cost you more initially, but you will soon recoup your investment with lower energy bills.

**REUSE:** Whenever we can reuse a product instead of producing a new one from raw materials, even if those raw materials are recycled, we save resources and energy. Using the back of faxed pages to respond or send new correspondence helps reduce the paper we use. Salvage yards, second hand furniture stores, garage sales, auctions and of coarse hand-me-downs are excellent sources for furniture, reclaimed bricks, iron, old doors, lighting etc.

**RECYCLING:** Plastics are really not the recycling nightmare that we once thought. Recycling plastics can recover the raw material which can then be used to create new plastic bottles, carpets, clothing, fabrics, window frames etc. We need to be diligent in following recommended local guidelines for recycling, as each municipality has its own capabilities. Like anything else, once we get the hang of it, it becomes second nature, and nature...first or second is the way to go.

*The vanity in this renovated bathroom is made up of three antique Chinese "step" cabinets, which have been reconfigured to form this unique and practical storage system. \**

Shaila Gottlieb has been designing homes and offices since 1975, is a member of ARIDO (The Association of Registered Interior Designer's of Ontario). Shaila can be reached at Montdor Interiors @905-771-7031

# Crazy Joe Designer Fabrics

Fabrics available from Robert Allen, Maxwell, Joanne, Alendel and many more.

**Shop at home for Custom Drapery**

**416-650-9996**

**We carry a large selection of:**

- 100% Dupoin silk - 1000's different fabrics in all colours •
- Ready made draperies • Drapery hardware exclusive to Crazy Joe •
- All types of window blinds •

**If you don't shop at Crazy Joe, you paid too much!**

**N. Central:** 1021 Finch Ave W., Toronto.  
T: 416.650.9996

**East:** 1420 Kennedy Rd. T: 416.752.7530  
**West:** 966 Dundas St. W., Mississauga. T: 905.848.2181

**WE ARE THE  
MANUFACTURES**

**BUY DIRECT  
& SAVE**



# SECRET INGREDIENT

I'chaim!!!!

## cool smoothie

3 – 4 oz. ice  
4 oz. plain yogurt  
1 tsp. maple syrup

Mix together in blender until smooth.

## frostea

475 ml lemon iced tea  
2 cups pineapple chunks  
1 banana, cut into chunks  
2 cups ice cubes

Mix together in blender until frosty.

## mock champagne

2 bottles ginger ale, chilled (2 litres each)  
1 46oz. can pineapple juice, chilled  
1 64oz. bottle white grape juice, chilled

Mix together and serve in champagne glasses.

## fruit shake

1 cup mango, diced  
1 peach  
1 cup vanilla sorbet  
1/2 cup milk

Process mango and peach in a blender until smooth.

Add sorbet & milk, blend until ingredients are mixed well.

## raspberry fizzler

1 1/2 cup raspberry juice  
3 scoops raspberry sherbert  
1/2 cup carbonated water

Mix together in blender until fizzy.



### Answers to Brain Teasers found on page 22:

1. West Virginia
2. A man can not be too careful in the choice of his enemies. (Oscar Wilde)
3. 265. (The series consists of the sums of the squares of 1 and 2, 3 and 4, 5 and 6, etc)
4. She mashed the potatoes and used a spoon



LACTOSE FREE • PAREVE • KOSHER • WE DELIVER

*Expect the Extraordinary . . .*

5% discount towards online orders

Order Online at [www.catertrendz.com](http://www.catertrendz.com) | Phone: 416-636-3650

# Reel Memories

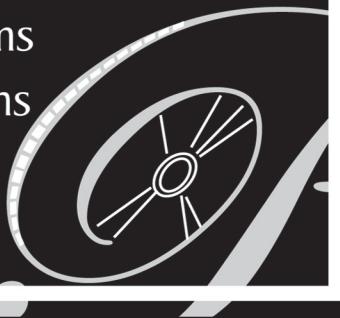
by Melnick Studios Inc.

## your films on DVD

super 8mm, normal 8mm, 16mm, sound, silent

add music to your silent films  
custom menu/chapter options

Jeremy Melnick  
416.887.7332  
[jeremymelnick@gmail.com](mailto:jeremymelnick@gmail.com)



# Rest Master Mattress MATTRESS SALE



KINGSDOWN



up to  
**50% off**

- Large Inventory of Brand Name Mattresses
- Custom Mattress Sizes Available
- Bedroom Suites • Bunk Beds
- Iron and Day Beds



We Specialize in Wesley Allen  
Cast Iron Beds & Day Beds



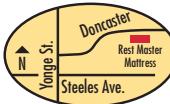
**905-889-7378**

**99 Doncaster Ave.**

(1 light north of Steeles off Yonge)

**Thornhill**

[www.toronto.com/restmaster](http://www.toronto.com/restmaster)



## 3 Months Free Telephone & Cable Service\*

\*(Basic phone and basic cable services. Applies to new residents only.)



**Lincoln Place**  
LONG TERM CARE FACILITY

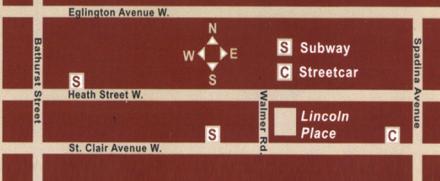
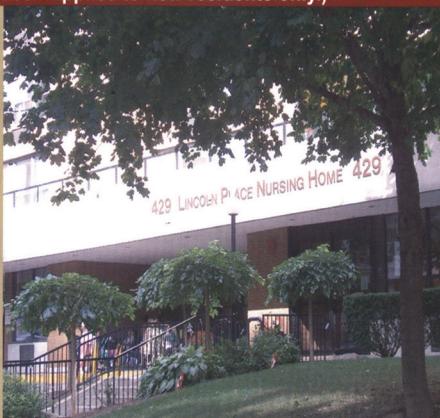
### A Caring Community

Providing quality care and Services  
since 1973

**Please call to arrange a tour.**

TEL (416) 967-6949 - FAX (416) 928-1965  
[www.lincolnplace.ca](http://www.lincolnplace.ca)

429 Walmer Road Toronto, Ontario  
M5P 2X9



# Dentistry by **Dr. Nathan Haas**

*Designer smiles with health in mind.*

We are a family based practice which focuses on the health and beauty of the oral cavity. We specialize in patients of all ages, especially those who have a fear of dentistry. We welcome children and they will love our dental hygienists! Schedule a tour of our wonderful office today!

*Composite (white) fillings • Crowns/Bridges  
Dental Implants • Veneers • Dental Sealants  
Oral Sedation • Nitrous Gas • Local Anaesthesia  
Zoom Whitening • Sport/Night Guards  
Pediatric Dental Hygienist  
Emergency and New Patients Welcome  
Wheelchair Accessible  
All Insurance Plans Welcome*

**(416) 635-6355 ext.1 Monika**

**906 Sheppard Ave West, Unit 1**

**Downsview, Ontario**

*(1 block east of Downsview Subway, on Sheppard between Bathurst and the Allen Road)*



# Riska MEDICAL/SURGICAL SUPPLY

**A Caring, Supportive Environment**  
For Home Medical Supplies & Equipment

**SALES • SERVICE • RENTAL**

- Wheelchairs
- Walkers
- Scooters
- Electric Beds
- Compression Stockings
- Diagnostic Equipment
- Sports Supports  
(Ankle, Knee, Back Braces)
- First Aid
- Ostomy
- Bedroom Accessories
- Bathroom Aids
- Orthopaedic Shoes
- Custom made Orthotics
- Mastectomy Fittings  
(Breast Prostheses)



## REGISTERED VENDOR FOR:

- ASSISTIVE DEVICES PROGRAM  
(GOVERNMENT Subsidy)
- O.D.S.P.
- D.V.A
- SOCIAL SERVICES

## HOURS:

**MON.-FRI. 9-6 • SAT. 9-4**

**(905) 770-3556**

[www.riskamedical.com](http://www.riskamedical.com)

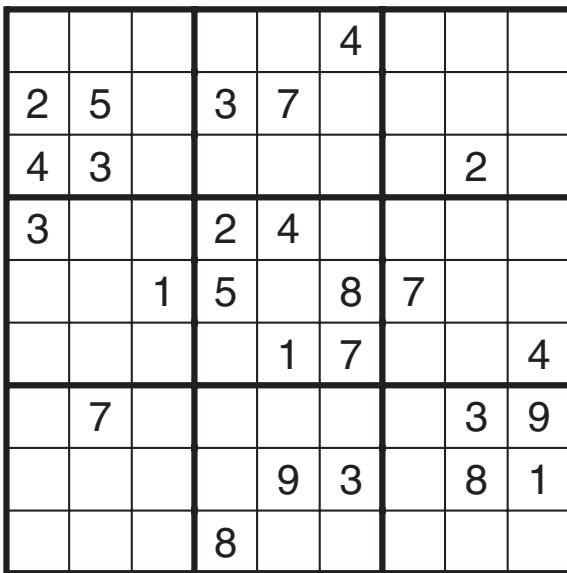
563 Edward Ave, Unit #16  
Richmond Hill, ON, L4C 9W7





# FUN 'N GAMES

## sudoku



© Daily Sudoku Ltd 2008. All rights reserved.

2	6	5	7	4	9	3	8	1
1	7	4	6	3	8	9	5	2
9	3	8	5	2	1	6	7	4
4	9	6	2	8	7	5	1	3
8	1	3	4	6	5	2	9	7
5	2	7	9	1	3	4	6	8
6	8	1	3	9	4	7	2	5
7	4	9	8	5	2	1	3	6
3	5	2	1	7	6	8	4	9

### how to play:

The object is to insert the numbers in the boxes to satisfy only one condition: each row, column and 3x3 box must contain the digits 1 through 9 exactly once.

### solution from last issue

## brain teasers

1

Rearrange the letters of the following phrase to give the name of a U.S. state:

VIEWING A STIR

---

2

Here is a quotation with all the spaces and vowels removed. What is the quotation?

MNCNNNTBTCRFLNTHCHCFHSNMS

---

---

3

What is the next number in this series?

5 25 61 113 181 \_\_\_\_

4

There was an old woman who lived in a shoe, and the only food she had for her ten children was six potatoes. How did she make sure that each child had an equal share?

---

---

answers on page 18

# Ben-Yossef 2008 Inc.

## Construction and Demolition



Asphalt Paving  
Interlock  
Curbs



Retaining Walls  
Concrete  
Natural Stone



Fencing  
Decks  
Roofing

Free Estimates

**416.726.3345**

Specializing in all Concrete and Flagstone Repairs

9-1 3085 Yonge St. Suite 145, Richmond Hill, Ontario L4E 0K2

**ALL SOLID WOOD**



**\$24995**

Available in  
Natural and Honey

2104 Hwy 7 (East of Keele)  
Tel (905) 532-0647 • [www.scanica.ca](http://www.scanica.ca)

MON - WED 10-6 • THU, FRI 10-8 • SAT 10-6 • SUN 11-5

**SCANICA**  
**FURNITURE**  
**WAREHOUSE**



## avoiding fall fashion frenzy

Fall clothing is beginning to come into the stores, and naturally we are tempted by it. The usual rationalization is the following: "If I wait, my size will be gone, it will be picked over or, heaven forbid, SOLD OUT, I will have nothing for Yom Tov..." and so it goes. The problem is, that which looks appealing in the summer is often over and out by the fall...a trend already on the cutting room floor by the time we wear it. Even if the return on your investment is aesthetic pleasure, visiting your hard earned money hanging in your closet for 8 weeks till you can wear it is crazy. Trends move too quickly these days. Better to analyze the fall runway trends, and integrate little bits of them into your existing wardrobe now. By Yom Tov, you will know which look is yours, and you can buy in earnest. Here goes: straight from the fall runways to your bedroom closet!

**Lace** Here is a great new trend which takes you from the obvious evening look to day time. A dressy lace skirt makes its way to the afternoon with the addition of a turtleneck, boots and chunky belt. You can buy a piece of lacey fabric to wear ascot style in the neck of a v-necked t-shirt, or to wear as a scarf in the fall. Also, a piece of lace looks fabulous hanging out of a breast pocket....a feminine version of the men's pocket square!

**Paisley** This old world fabric is luxurious and on trend for fall 2008. It is showing up as suiting, outerwear, and shirts, in small or large paisley pattern. I say run to the fabric store and buy a piece big enough to wrap bandana style on your head or as a scarf for later. If you love it, invest in a blouse in this pattern. Well worth the investment.

Adrienne Gold is a former television personality, hosted / appeared on scores of fashion/beauty programs. Popular teacher of Judaism for Aish HaTorah Village Shul. Adrienne can be reached at [agold@aish.com](mailto:agold@aish.com)

**Boho Luxe** The "rich hippie" look is an annual occurrence, but this year it is mixed with gemstones, sequins, bold prints and a mix of fabric textures. Try using the detachable fur collar from an outerwear piece over the collar of a velvet blazer, with a bold patterned blouse and flowing skirt. Don't be afraid to blend velvet with denim and satin with tweed: all part of Boho chic.

### Architectural Structure

Here is a very hot trend which is almost impossible to do without expensive tailoring and fabric. Imagine clothes with great structure and drama...but not drapey or flowy. Here you will see the high sharp colors or asymmetrical closings on outerwear. This look is tough to knock off inexpensively. Shop at your own discretion.

**Western** (eek) The runways are full of denim and plaid again. Try buying a cowboy-inspired belt to wear with your denim skirt and t-shirt for now, and switch to a snap front plaid shirt in the fall - but just one piece per outfit please. Urban Cowgirls do get the blues!

**The necklace** is the jewelry of choice this fall. Make it big, dramatic, chunky, ethnic, gaudy, flashy, over-the-top and a real statement. Too much is just about right this fall...especially nestled in the folds of a chunky sweater over a satin blouse!

**Happy Hunting!** ☀



**WE TRADE, UPGRADE  
AND RESTYLE**



**MC Diamond Corp**

**100's of DIAMONDS 905 738 1276 100's of STYLES**

7-2104 Highway 7, Concord, L4K 2S9 • T: 905 738 1276  
info@mcdiamondcorp.com • www.mcdiamondcorp.com

**Free Evaluations While You Wait - by appointment**



*Summer Stock*

- ❖ Designer Fashions at Wholesale Prices
- ❖ Skirts, Suits, Dresses
- ❖ Size 4 – 14
- ❖ Custom Sizing
- ❖ Custom Orders
- ❖ Hats

*Janet Caterina*  
Exclusive Ladies' Wear

By Appointment  
**647-668-4877**  
[www.janetcaterina.com](http://www.janetcaterina.com)

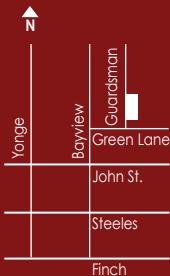
# BAYVIEW & STEELES

Auto Collision Ltd.

APPROVED BY MOST INSURANCE COMPANIES

**MANUEL DER HAROUTIOUNIAN**

manuel@bayviewsteeles.com



7 Guardsman Road, Thornhill, ON L3T 6L2 • P: 905-881-7190 • F: 905-881-3139

**JTO**  
monthly

IS BOOKING NOW  
FOR HIGH HOLIDAY AND  
SUKKOT ISSUE'S!



**DON'T MISS OUT !!**

CALL NOW AND RESERVE YOUR SPOT

905.731.1778 | [ads@jto.ca](mailto:ads@jto.ca)

# NEVER PAY RETAIL AGAIN!



5 Piece  
Stainless Steel  
Mixing Bowl Set

**\$4.99**

(Compare at \$14.99)

## EZEE'S

HOUSEWARES & MORE!

(416) 736-0270 • [ezeesonline@gmail.com](mailto:ezeesonline@gmail.com)

43 Martin Ross Ave. Unit 1 (Dufferin & Finch)  
(Off Dufferin, 1 light North of Finch, South of Highland Farms)

Mon – Thurs 10 a.m. – 7 p.m. • Fri. 10 a.m. – 9 p.m.  
Sat & Sun 10 a.m. – 5 p.m.

WIN AN H<sub>2</sub>O MOP  
OR TOBI STEAMER

SEE STORE FOR DETAILS



# MAKE YOUR BASEMENT DRY & HEALTHY BASEMENTS REPAIRED FROM INSIDE & OUT



Over 100,000 satisfied customers • 20 years experience

Written estimate • Written guarantee

**EAGLE**  
WATERPROOFING

**416.609.2750**  
[WWW.WATERPROOFIT.CA](http://WWW.WATERPROOFIT.CA)



HAT'S FOR ALL OCCASIONS, ALL PRICE RANGES

Dressy and Casual hats  
Latest, Trendy styles  
from New York  
European Designer Hat's  
Pre-tied Bandana's  
Snoods  
Hair Accessories



70% OFF  
SUMMER  
HAT'S



2821 Bathurst Street, Toronto, Ontario M6B 3A4 • 416-787-5944

Armand's Gallery Ltd.

Established in 1972

3021 Bathurst St. Toronto, Ontario  
(1 block south of Lawrence Ave. West)

Tel/Fax: 416.787.2818  
armandgallery@yahoo.ca



Picture framing handled by owner only  
We treat your artwork like our own  
New Judaica artwork arriving daily  
Guaranteed lowest prices  
Custom mirrors



COOKOOS

COME  
SEE OUR  
NEWLY  
RENOVATED  
RESTAURANT

WOODFIRED ROTISSERIE AND GRILL  
COR GLATT KOSHER

7241 BATHURST ST. (CHABAD GATE PLAZA)

905-886-8686

Unwind those stress-tightened muscles!  
Give yourself the ultimate gift of connecting body & soul.

Come in and experience the unbelievable  
benefits of a massage therapy treatment!

Take advantage of your insurance benefits

Leah Goldshmidt, RMT

A NATURAL PATH TO HEALTH

2797 Bathurst St., Suite 205, Glencairn & Bathurst • (416) 782-1462

(For women only)



## Find your Human Resources and Financial employment solutions with us.

Companies and professionals actively seeking outstanding contract, project and permanent positions:

CHRP/CHRM/MBA • VP/Director - HR • Manager - HR • HR Consultant  
CA/CGA/CMA • CFO/VP • Manager - Finance • Audit/Tax Manager  
CPA/CISA • Director • Controller • Analyst

*"So Much Depends on Qualified People"*

**Tali Nizic**

T: 416.663.7709 x 221  
F: 416.663.7982

[www.controllersoncall.ca](http://www.controllersoncall.ca)

E-Mail: [resumes@controllersoncall.ca](mailto:resumes@controllersoncall.ca)



*"Partners in your Employment Solutions"*

ב"ד"

### PLAZA PORTLAND AUTOBODY LTD.

GUARANTEED QUALITY SERVICE

**416-787-1622**

[www.plazaportlandautobody.com](http://www.plazaportlandautobody.com)

**50 YEARS IN BUSINESS**

Specializing in:

Quality Collision Repairs • All Insurance Claims All Work Guaranteed Competitive Prices  
Timely Delivery Friendly Service • Free Pick-Up and Delivery • Ask about our lease return Inspection

15 Bentworth Ave., Toronto, ON M6A 1P1 (Dufferin - four streets south of the 401)

Fax: 416-787-1624 • E-mail: [plazaportland@rogers.com](mailto:plazaportland@rogers.com)



COMMERCIAL RESIDENTIAL AUTOMOTIVE

**BEST PRICE ON HIGH SECURITY LOCKS  
BURGLARY PREVENTION | SHABBAT LOCKS INSTALL  
SENIORS DISCOUNT | 20 YEARS EXPERIENCE**



**Teddy H. Magen**

Tel: 416-303-0255

[kdl\\_locksmith@yahoo.ca](mailto:kdl_locksmith@yahoo.ca)



### CROWN EAGLE ELECTRICAL INC.

Residential • Commercial • Industrial

ECRA/ESA Lic# 7004142

New Construction/Renovation • Lighting Design • Pot Lights/Chandelier  
100/200 Amps Service Upgrades • Service Call • Troubleshooting

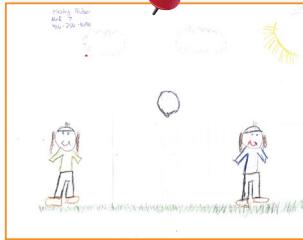
Fast, Clean, Reliable Service • Call for an Estimate

**David Ackermann • 416.836.6672**



# MASTERPIECES OF THE MONTH

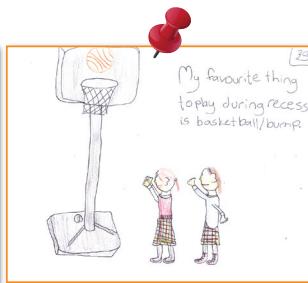
## things to do at recess



Heshy Tauber, Age 7



Chaya Tauber, Age 10



N. R. N, Age 12

We will choose 3 drawings to be published in our next issue.

The theme of the artwork: **Draw a picture of Your Favorite Summer Activity.**

Artwork is due: August 19, 2008. Contest is open to children ages 12 & under. Winner is entitled to a surprise gift from JTO! (No pencil drawings please, they don't reproduce well) Make sure to include child's name & age and phone number. **Send drawings to: JTO Monthly, P.O Box 30038, RPO New Westminster, Vaughan, ON L4J 0C6**

*"Masterpiece of the Month" correction from last issue":*

JTO apologizes to Sarah Chana Biren for inadvertently printing her name incorrectly. Congratulations again Sarah Chana on a job well done.



## WORDS OF WISDOM

### the little grass hut

The only survivor of a shipwreck was washed up on a small, uninhabited island. He prayed feverishly for G-D to rescue him. Every day he scanned the horizon for help, but none seemed forthcoming.

Exhausted, he eventually managed to build a little hut out of driftwood and long grass to protect himself from the elements and to save his few possessions.

One day, after scavenging for food, he arrived home to find his little hut in flames, with smoke rolling to the sky. The worst had happened and everything was lost. He was stunned with

disbelief, grief and anger. "G-D, how could you do this to me?" he cried.

Early the next day he was awakened by the sound of a ship that was approaching the island. It had come to rescue him. "How did you know I was here?" asked the weary man of his rescuer's. "We saw your smoke signal," they replied.



It's easy to get discouraged and angry when things are going bad, but we shouldn't lose faith. Remember, the next time your little hut seems to be burning, it just may be a smoke signal. ☺

# Are your cell phone bills more than \$200 each month? We Can help.

Introducing Sprints **NEW** North American Service Package

**UNLIMITED**

**CELLULAR CALLING**

- Monthly Plan cost is **\$189**/month + Taxes (Canadian Funds)
  - Blackberry Curve 8330 for **\$279.00** + Taxes
- Unlimited calling anywhere anytime in Canada and the U.S.A
- No long distance or roaming charges anywhere in North America
  - Keep your existing local cell phone number
  - No contract required
  - Free voice mail
  - Free Call Display
- Unlimited Data usage in the U.S.A
- 2MB of data included each month in Canada

**\$189/month** + Taxes



Some conditions apply



*Order your phone today*

**416-479-0036 or 1-866-399-2133**

**Visit us at : [www.saveutel.com](http://www.saveutel.com)**

# When it comes to your money...I don't play games.



*Randy Cohen*  
Broker

**RE/MAX**  
Realtron Realty Inc.  
Brokerage

905-771-9300 direct line  
416-782-8882 office



## THORNHILL'S FAVOURITE STREETS RARELY OFFERED FOR SALE!

2 great 4000 sqft. homes to choose from. One on a court and across from a park, another backing to a ravine. Each with renovated kosher kitchens, having granite counters and modern built in appliances. Each is spacious, elegant and well appointed. All with finished basements and walkouts, Pesach kitchens, more bedrooms and bathrooms. Choose one of the homes with a large 3rd floor loft adding 2 more bedrooms and a bathroom. Lots of upgrades from hardwood, cornice mouldings, renovated bathrooms, paneled libraries with built in furniture and a lot more. Call Randy to see these lovely homes each asking \$899,000 (consider potential basement apartment income would cover payments on a \$200,000 mortgage-easy way to upgrade). Look forward to seeing these fine homes, and until you do, see it at [www.randycohenlistens.com](http://www.randycohenlistens.com) feature properties.



## BAYVIEW-LESLIE YORK MILLS ASKING \$1,149,000

Great home, large deep and wide lot surrounded by mature trees, inground pool, and a lovely patio. Contemporary and warm spacious layout. 4 bedrooms plus 1 in the walkout bsmt overlooking the pool. Hardwood throughout, modern kitchen, renovated bathrooms, cornice mouldings and a lot more. Prime neighborhood not usually available at this price. Call for your private viewing.

Randy Cohen is the #1 selling Broker in Thornhill! (area N02) Its a fact! In 2007, Randy brought the Buyer to the table more often than the top 3 listing reps combined. Serving the community for over 25 years and expanding south, delivering the same enthusiasm and results as Thornhill.

Not intended to solicit properties currently for sale. Independantly owned and operated.